



TRUE
QUALITY



OUTSTANDING NUTRITION

PRODUCTS
MAGAZINE



INTRO

THE TRUE QUALITY OF OUR PRODUCTS

Latest technology - From Outstanding Nutrition we propose to look for all the advances in sports nutrition to make them reach the first ones.

Proven formulas - Our formulas have been and are tested every day by many professionals to find the optimal quantities and proportions.

Unique Flavors - It is one of our strengths. Our flavors are taken care of and inspired by the Italian ice-creams.

Maximum quality - Supplements are many, but the highest qualities are always behind large laboratories, that's why we work with all of them.



OUR PRODUCTS

WHAT SUPPLEMENTS TO TAKE AND WHAT TO CHOOSE?

PROTEIN

Proteins are one of our most pampered products, we do everything possible to make it the star supplement of almost any athlete, which has the highest quality and also a taste more than appetizing.

AMINO ACIDS

We know that an athlete needs to get the most effect, requires supplements that give it, Outstanding Nutrition had made a unique product where you can get EAA, BCAA, and GLUTAMINE in one product from the best laboratories in the world

PRE-WORKOUT

Our Outstanding nutrition pre-workout is specifically designed to energise you during workouts while giving you an edge on your strength, fitness gains and reduce tiredness.

CREATINE

Among the bodybuilders and sportsmen of explosivity, creatine is the star supplement, for that reason in Outstanding Nutrition we work with the creatine of maximum purity and pharmaceutical quality.

FAT BURN

We offers a specific supplements that help fat oxidation, increasing metabolism, and helping in muscle definition stages.

VITAMINS AND MINERALS

Vitamins and minerals are essential nutrients that our body can not synthesize by itself, so they must be obtained through food or supplementation as a supplement to the diet that is not always optimal due to various circumstances. Vitamin and mineral supplements help our body to be healthy and function properly.

ZMA

To claim boosts muscle growth and strength and improves endurance, recovery, and sleep quality. ZMA, or zinc magnesium aspartate, is the best option and the most popular supplement among athletes, bodybuilders, and fitness enthusiasts.

BETA ALANINE

Outstanding Nutrition Beta-alanine enhances performance by increasing exercise capacity and decreasing muscle fatigue. It also has antioxidant, immune-enhancing and anti-aging properties.

ACCESSORIES

Outstanding Nutrition offers a wide range of accessories, to make life easier in our sports practice without giving up our style and go to the latest fashion.



100% Whey Protein is the highest quality whey protein concentrate containing 75% protein. it is an excellent source of wholesome animal protein, which contains a wide range of amino acids needed to build muscle fibers.

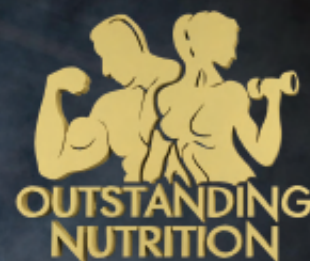
The product is produced by an ultrafiltration process in which the concentrated whey protein fraction is concentrated before being separated from milk sugar and fat. It is characterized by reduced fat and carbohydrate content. Due to the 75% protein content, which contributes to the growth of muscle mass and helps it maintain, Outstanding Nutrition is suitable for all athletes, regardless of sport practiced. Especially recommended during the period of building muscle mass. it can be used in advanced training sessions but also as an ingredient in your daily diet to supplement your nutrition.



NET WT: 900G

NÆRINGSINDHOLD / NUTRITIONAL VALUE	100g	daglig portion / daily portion	% RI* per 60 g
Energi / Energy	1704kJ/ 403kcal	1023kJ/ 242kcal	12%
Fedt / Fat	7.1 g	4.3 g	6%
Heraf mættede fedtsyrer / Of which saturates	4.6 g	2.8 g	14%
Kulhydrat / Carbohydrate	9.8 g	5.9 g	2%
Heraf sukkerarter / Of which sugars	4.3 g	2.6 g	3%
Protein / Protein	75 g	45 g	90%
Salt / Salt	0.41 g	0.25 g	4%

NUTRITION FACTS / NÆRINGSIFORMATION	1/2 Scoop (7.5g) 1/2 Ske (7.5g)	1 Scoop (15g) 1 Ske (15g)
Branched Chain Amino Acids (BCAA)		
L-leucine	1250mg	2500mg
L-isoleucine	625mg	1250mg
L-valine	625mg	1250mg
Essential Amino Acid (EAA)		
L-Citrulline	500mg	1000mg
L-lysine	325mg	650mg
L-tryptophan	300mg	600mg
L-methionine	125mg	250mg
L-phenylalanine	50mg	100mg
L-histidine	50mg	100mg
L-Arginine	250mg	500mg
GLUTAMINE		
L-Glutamine	1500mg	3000mg



3 STACK

You probably already know that the body has used proteins to build and maintain muscle mass. But did you also know that proteins are composed of amino acids?

If you do not get enough branched-chain amino acids BCAA / EAA / Glutamine in the body will instead break down muscle tissue. Let us explain it easily
Non-essential amino acids are the amino acids that the body itself can produce because the body probably has to make sure to control the balance of these. The essential amino acids, on the other hand, are characterized by the fact that the body can NOT produce them on its own. This means that we must have them in through the diet in the form of protein from food or as a dietary supplement.



Creatine is a substance that is found naturally in muscle cells. It helps your muscles produce energy during heavy lifting or high-intensity exercise. Taking creatine as a supplement is very popular among athletes and bodybuilders to gain muscle, strength and improve exercise performance. Chemically speaking, it shares many similarities with amino acids. Your body can produce it from the amino acids glycine and arginine. Several factors affect your body's creatine stores, including meat intake, exercise, amount of muscle mass and levels of hormones like testosterone and IGF-1.*About 95% of your body's creatine is stored in muscles in the form of phosphocreatine. The other 5% is found in your brain, kidneys, and liver.* When you supplement, you increase your stores of phosphocreatine. This is a form of stored energy in the cells, as it helps your body produce more of a high-energy molecule called ATP.

ATP is often called the body's energy currency. When you have more ATP, your body can perform better during exercise. Creatine also alters several cellular processes that lead to increased muscle mass, strength, and recovery.

Why your workouts are more effective with our Creatine monohydrate than ever before?

- **Strength For Super Intense Workouts!**
- **Increases Muscle Recovery Ability!**
- **Your Muscles Will Develop And Grow More Quickly!**
- **Increasing Muscular Stamina And Preventing The Risk Of Muscle Fatigue!**

NET WT: 300G
50 SERVINGS



Marine Collagen From Wild Fish 200 g

Our Marine Collagen is an innovative powdered dietary supplement which you can easily dissolve in water or juice. The product contains marine collagen peptides whose structure is very similar to human collagen.

The supplement is recommended to persons who wish to enjoy healthy skin, glossy hair as well as strong joints and bones.

What is Marine Collagen, and who is it intended for?

The collagen is a significant tissues material responsible for their flexibility and resilience. It makes skin well-toned, hair and nails strong. As years pass, natural collagen level drops and the body starts aging. The surface of skin is filled with first wrinkles and cellulite which do not look very nice. The best way to eliminate collagen shortage issue is to supplement it.

Marine collagen in the form of powder is one of the most effective kinds of collagen. Thanks to this product, the condition of your skin, hair and nails will be substantially improved. One package of the supplement is enough to cover 40 days treatment. Choose Outstanding Nutrition Marine Collagen if you:

want to have a smooth and well-toned skin
You get strong nails
Your hair is matte and needs gloss
Wish to prevent wrinkles
Have visible cellulite on your body
Suffer from joints pain

NUTRITION FACTS / NÆRINGSIFORMATION	DAILY PORTION / DAGLIG DOSIS
Hydrolyzed fish collagen / Hydrolyseret fisk kollagen	3,2 g
Boswellia Serrata / Boswellia Serrata	50 mg
Vitamin C / Vitamin C	80 mg (100% NRV*)
Biotin / Biotin	7,5 µg (15% NRV*)
Zinc / Zink	1,5 µg(15% NRV*)
Selenium / Selen	8,25 µg(15% NRV*)



BE VALOR IN THE BATTLE GYM

Pump Matrix
L-Citrulline
L-Arginine

Performance
Beta-alanine
L-Tyrosine
Taurine

Muscle Building
Creatine
Monohydrate

Muscle Recovery
Creatine
Monohydrate

Energy Matrix
L-Glutamine



CARVING



CARVING FORMULA

L-Tyrosine - allows you to better withstand the side effects of long and heavy reduction diets, where our body is in a deep caloric deficit. It improves memory and our well-being.

L-carnitine - a chemical organic compound from the group of amino acids that naturally occur in our body. Supports fat-burning processes (energy absorption from fats).

Inositol - might balance certain chemicals in the body to possibly help with conditions such as panic disorder, depression, obsessive-compulsive disorder, and polycystic ovary syndrome.

Caffeine - helps to speed up metabolism, stimulates, adds energy.

Cayenne extract - supports digestion, increases immunity, and "fights" free radicals.

Chromium is an essential trace element and nutritional supplement that has garnered interest for use as a weight loss aid.

Turmeric contains curcumin, which inhibits cell division in adipocytes (fat cells) by reducing the amount of blood that flows in these cells. Due to the lack of incoming fresh blood nutrients, the fat cells do not increase in number.

The curcumin, which is the main active ingredient in turmeric, has many therapeutic properties, including weight loss. It can protect the body from various disorders linked to obesity.

EXTRA VITA VITAMINS & MINERALS 90 CAPSULES.

100% Vit & Min is a composition of highly digestible vitamins and minerals.

The formula of the preparation contains a complex that meets the needs of an adult.

The product is especially recommended for people who live actively, especially those who practice sports.

Næringsindhold Nutrition Facts	1 tablet	% af RI*
Vitamin A (RE)	800 mikg	100
Thiamin (vit B1) / Thiamine	1,65 mg	150
Riboflavin (vit B2)	1,4 mg	100
Vitamin B6	2,1 mg	150
Vitamin B12	2,5 mikg	100
Folsyre/Folic acid	400 mikg	200
Niacin (NE)	24 mg	150
Pantothensyre / Pantothenic acid	9 mg	150
Biotin	50 mikg	100
Vitamin C	120 mg	150
Vitamin D	10 mikg	200
Vitamin E (alpha-TE)	18 mg	150
Vitamin K	75 mikg	100
Calcium	120 mg	15
Magnesium	56 mikg	15
Jern/Iron	14 mg	100
Zink	10 mg	100
Kobber / Copper	1 mg	100
Jod / Iodine	150 mikg	100
Mangan / Manganese	0,5 mg	25
Chrom / Chrome	40 mikg	100
Selen / Selenium	55 mikg	100
Molybdæn / Molybdenum	50 mikg	100



All vitamins & Minerals in
One Capsule



Strong
Hair, Nails & Skin



Stimulate your
Immune System



• *Helps with skin care.*

• *Provides the micronutrients
necessary for every athlete.*

• *Facilitates the proper
functioning of muscles.*

ZMA

Outstanding Nutrition ZMA is a dietary supplement in capsule form, which contains a combination of zinc, magnesium, and vitamin B6, which among other things helps to reduce fatigue and exhaustion as well as maintain a normal testosterone level in the blood.

Main features:

01. Contains zinc, magnesium, and vitamin B6.
02. Contributes, among other things, to reducing fatigue and exhaustion.
03. The capsules can be separated and the powder dissolved in water and drunk if preferred.
04. 120 Capsules enough supply for 2 months.

Næringsfakta Näringsinnehåll Nutrition Facts	En dosis 2 kapsler En dos 2 kapslar One dose 2 capsules	% af RI*
Magnesium	6.7g	50%
Zink	180mg	200%
Vitamin B6	20mg	480%



BETA ALANINE

What is beta-alanine?

Is a naturally occurring beta-amino acid, which is an amino acid in which the amino group is attached to the β -carbon (i.e. the carbon two atoms away from the carboxylate group) instead of the more usual α -carbon for alanine (α -alanine). The IUPAC name for β -alanine is 3-aminopropanoic acid. Unlike its counterpart α -alanine, β -alanine has no stereocenter.

Beta-alanine is a common ingredient in many pre-workout supplements because of its effects on fitness and general health benefits. Although it can be used as part of a mixed pre-workout, it can also be purchased as a supplement and taken alone.

It can increase your effect and your work capacity while reducing fatigue and even affecting body composition.

Næringsfakta Näringsinnehåll Nutrition Facts	En kapsel En kapsel One capsule	To kapsler Två kapslar Two capsules
Beta Alanin / Beta Alanine	450mg	900mg





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CLOTHES
THAT
MATTER**

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MANY
GOOD THINGS
CHOOSE WISELY



✓ HIGH QUALITY
✓ LONG-LASTING
✓ COMFORTABLE

THE TRUE QUALITY OUTSTANDING NUTRITION



Outstanding Nutrition target is to take sports supplements to the next level. We tailor our products and services in order to deliver world-class results to help our customers achieve the best version of their dream body. We achieve this by designing supplements based on cutting-edge scientific methods and advanced testing measures. Our quality assurance is guaranteed by Good Manufacturing Practices compliant facilities. We deliver on our purity promise and improved taste by selling 3x laboratory tested, 100% clean, and doping-free products. Our supplement production is meticulously finetuned to yield outstanding efficacy while building your body naturally and in a harm-free fashion. We do all this while striving to maintain great prices in the hope that customers from all backgrounds can benefit from top-notch nutrition.

Find us



www.outstanding-nutrition.com